

# Personality Glasses

as channeled from the Beings of Light through Liesel

“The personal self is like a pair of strong prescription glasses, it can drastically change how reality appears. However, unlike the lenses in real glasses that help one see more clearly, the lenses of the personal self inevitably distort reality. The way in which reality is distorted differs from person to person because each person has their own unique lenses acquired over the course of their lifetime. Each person’s glasses filter reality corresponding to the personal self’s mental and emotional patterning that has accumulated from life’s experiences. Because no two people have exactly the same glasses, no two people are living in exactly the same version of reality. This is why it can so often be difficult to see eye to eye with another. Often, the ‘reality’ that you perceive appears distorted to another, and vice versa.

Remember this: if you wish to truly see clearly then let go of the compulsion to filter reality through the compilation of thoughts and emotions that you mistake yourself to be. Allow for the possibility that you are far more than this, that you are the eternal awareness that can be aware of this collection of thoughts and emotions. Now, use this same awareness to become truly present and behold the wonder of this world that is actually reality.”

**“Always know Our love is truly with you, because Our love truly is you.”**

Your Soul's Plan  
Rob Schwartz

*Disclaimer: This information is not meant as medical advice, nor is it meant to diagnose or treat any disease or mental health disorder.*



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Rob Schwartz