## Be the Love and Light

as channeled from the Beings of Light through Liesel

"While Gandhi's action step, 'Be the change you wish to see in the world,' is vitally important, We have a new iteration on this message, which is, 'Be the love and light you wish to feel in the world.' This can lead to action, although it's fundamental basis is in being. One who accomplishes very little on the external plane, but resides primarily (or even occasionally) in a vibration of love and light, actually accomplishes far, far more than they may realize. In essence, being the love and light you wish to feel in the world IS also being the change you wish to see in the world. Your vibrational shift IS the change, and as vibration or energy is the foundation of all physical manifestation, your higher vibration will automatically effect change on the physical dimension whether or not the change occurs through action on your part or through the actions of others whose own vibration has been buoyed by yours. As All are ultimately One, it is inconsequential whether the physical actions occur through you or another. Some are meant to thrive in doing on the physical plane, while others are meant to thrive in being, and holding the vibration for the doing accomplished by others. Some are even meant to move between periods of doing and periods of being. Your inner guidance will let you know what you are meant for and when. Trust and heed its calm, gentle, loving voice, and you will be the love, light, and change you wish to see and feel in the world."

"Always know Our love is truly with you, because Our love truly is you."

Rob Schwartz

Disclaimer: This information is not meant as medical advice, nor is it meant to diagnose or treat any disease or mental health disorder.